

Catherine E. Cyr, RN, MPA/HSA
Biography

It took me awhile to figure out my path. I started in studying business at community college, then went on to San Jose State for my Bachelors in Sociology 1987. Working with Hospice to care for my friend when he was dying caused me to explore the healthcare option. In 1988, I chose Nursing, which has offered me more variety than I ever dreamed. I graduated with my BSN from USF in 1989. I went straight to work at the Veteran's Administration Medical Center in San Francisco at Fort Miley doing neurology, neurosurgery and medical-surgical floor nursing. For a short time, I worked in the special diagnostics and treatment unit there, where I was chemo certified, schooled in insulin titration, and conducted experimental drug protocols. When I felt my skills were proficient, I moved into the east bay and worked at Oakland Children's Hospital on the hematology –oncology unit with the most amazing children ever for the next several years. After my daughter was born, I went into full-time home health, which led me to managed care a couple of years later.

I returned to school in 1999 and earned my master's in Public Administration with Health Service Administration emphasis. After 5 years in management, I began to look at life's priorities. I relocated from the SF Bay to Arroyo Grande, and decided to get back to more clinical work doing Case Management at Arroyo Grande Hospital. I told my boss at the time of hire, that my dream was to one day be able to teach. Lo & behold, I got this opportunity, thanks to Dr. Mary Parker.

In play as a child, I was always either a teacher or a nurse...am excited now to be able to do both! Am practiced at lifelong learning, and hope to share what I can with you. Am certain we will learn a lot together, and look forward to being a part of your career success and personal growth.