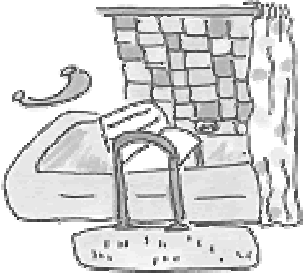


*Dressing a Resident  
who can stand*



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*If the resident can stand*

- 1) Transfer resident to a shower chair, wearing their gown, cover them with a bath blanket.

DON'T FORGET >



- 2) While the resident is on the toilet, hygiene can be done using the sink.
- 3) Dress resident entirely, remembering the guidelines on the next slide.

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- Allow resident @ least 2 choices of clothing.
- Remove clothing from strongest side first.
- Apply clothing to weakest side first.
- Overhead garments- place weak arm in sleeve first, then strong arm, pull up high on chest then over the head. Usually on the elderly figure 23-19A in your book pg. 298 isn't possible.

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*More Guidelines*

- ♦ Never put soiled clothing on floor.
- ♦ Pull lower clothing up as far as possible.
- ♦ Have resident hold onto bar and stand while you pull up lower clothing.

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*If Resident Can't Stand*

- ♦ Dress resident in bed, having them raise their hips if they can.
- ♦ Usually the elderly must be rolled from side to side.
- ♦ Make sure shoes/slippers have non-skid soles.

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*Remember to dress the resident as if they are going to town.*

- ♦ No stained, torn, or otherwise shoddy clothing.
- ♦ Buttons missing? Torn Clothing? Show garment to Social Services.
- ♦ Stained clothing? Show to laundry, if it doesn't come clean- throw away.

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