

Urinary Catheter Care

C.N.A.'S Role

Definition and Purpose of Urinary Catheters

- A plastic or rubber tube used to drain urine from the bladder.
- One end is placed in the bladder, held in position after it is introduced into the bladder by a balloon, and the other end is attached by tubing to a drainage bag. This is referred to as an indwelling or retention catheter.

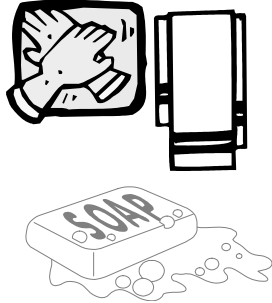
C.N.A.'S Responsibility

- Peri care every shift.
- Follow facility policy.
- Standard precautions
- ✓ for S/S infection
- Secure tubing to leg
- bag below level of bladder @ all times.
- DO NOT OPEN SYSTEM!!!!
- No kinks in tubing, coil on bed.
- Bag NEVER touches floor, attach to bed frame.
- Empty bag at end of shift and record amount and character of urine.
- Report to Nurse

Giving Indwelling Catheter Care

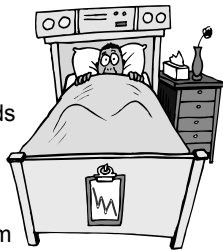
- Gather equipment

- 1. Gloves
- 2. Bed protector
- 3. Bath blanket
- 4. Plastic bag
- 5. Washcloths, towel, soap, basin.
- 6. Antiseptic Soln.
- 7. Tape or leg strap



Catheter Care for Male Resident


- Bed protector
- Drape resident, don gloves
- Retract foreskin if uncircumcised.
- Spray antiseptic, or soap.
- Clean from meatus towards the shaft using a circular motion
- Rinse, return foreskin.
- Clean 4 in. of catheter from meatus towards bag.



Catheter Care for Female Pt.

- Bed protector
- Drape resident, don gloves
- Separate the labia
- Spray antiseptic/soap
- Cleanse from front to back
- After each stroke, different corner of cloth.
- Clean catheter down 4 in.
- Rinse





Emptying a Urinary Drainage Unit

- Wash hands and don gloves.
- Remove drain from holder and open.
- Place paper towel on floor, under bag.
- Drain urine into graduate.
- Place graduated container on paper towel.
- Be careful not to contaminate.
- Measure @ eye level lower meniscus.
