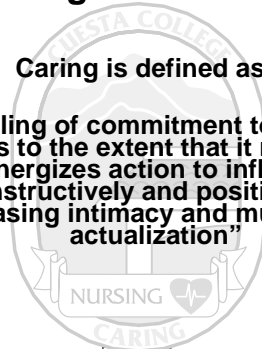


Caring Curriculum

Caring is defined as:

“A feeling of commitment to self and others to the extent that it motivates and energizes action to influence life constructively and positively by increasing intimacy and mutual self-actualization”



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Caring Curriculum

Goal: Optimal Health

Client: Is of central focus worthy of respect and care simply because of their existence

Problems: Must be identified and discussed to help you (the nurse) guide the client toward setting realistic goals

- Goal-setting problems
- Energy problems
- Caring problems

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Caring Curriculum

NURSING INTERVENTIONS: After you identify your problems and set mutual goals, you are ready to help the client accomplish their goals

- Prevention interventions
- Maintenance interventions
- Caring interventions
- Restoration interventions

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Caring Curriculum

SETTING:

TOOLS or CONCEPTS: the nurse uses to actually do the interventions: communication, nursing process, energy, judgment, psychomotor skills, teaching-learning, lifespan, caring

WORK/ROLE RELATIONSHIPS: collegueship, management, leadership, coordination of care and advocacy for self and client.

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Caring Curriculum

Why is this important?

I already care!!!

I am a caring person!!!

You can't teach someone to care!!!

Caring is an ACTION WORD

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Caring Curriculum

8 Tools/Concepts

- **Communication**
- **Nursing Process**
- **Energy**
- **Judgment**
- **Psychomotor skill**
- **Teaching**
- **Lifespan**
- **Caring**

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**Caring Curriculum
8 Tools/Concepts**




Communication

- Verbal: interviews, self awareness, respect, trust,
- Written-documentation
- Team
- Patient/Family

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**Caring Curriculum
8 Tools/Concepts**




Nursing Process

- Careplan Development
- Careplan Implementation
- Prioritization

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8 Tools/Concepts**




Energy

- Maintain, restore, prevent
- Efficiency of care
- Lab/med profile integration

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**Caring Curriculum
8 Tools/Concepts**

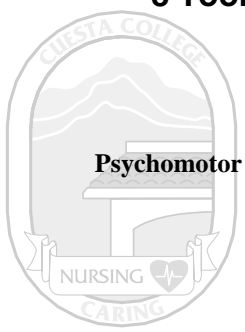


Judgment

- Decision-making process
 - different learning styles/support groups/ethnicity/cultures
- Self-motivated and directed
- Accountable

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**Caring Curriculum
8 Tools/Concepts**




Psychomotor

- Skill performance

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**Caring Curriculum
8 Tools/Concepts**




Teaching-Learning

- Anticipatory
- Patient focused
- Clearly understood
- Documented

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**Caring Curriculum
8 Tools/Concepts**




Lifespan

- *Age-appropriate care
- *Incorporate growth & development
- *Incorporate situational crisis
- *Respect, dignity and privacy
- *Cultural and spiritual

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**Caring Curriculum
8 Tools/Concepts**



Caring

- *Advocacy
- *Professional
- *Respect each other & opinions
- *Leadership
- *Work-role relationships
- *Collegiality
- *Constructive/Positive
- *Self care

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